

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

AUGUST 2020

Website: www.huilimakoua.com.

What Next?. (a) August's potluck is canceled. The Board decided not to risk the health and well being of members. (b) Future Potluck:

August: Canceled.

September & October: To be determined by the Board.

Five Undeniable Facts of Life:

1. Don't educate your children to be rich. Educate them to be happy. So, when they grow up, they will know the value of things, not the price.
2. Best awarded words in London: "Eat your food as your medicines. Otherwise, you have to eat medicines as your food."
3. The ones who love you will never leave you for another because even if there are 100 reasons to give up, he or she will find one reason to hold on.
4. There is a big difference between a human being and being human. Only a few really understand it.
5. You are loved when you are born. You will be loved when you die. In between you have to manage!

Note: If you just want to walk fast, walk alone! But if you want to walk far, walk together.

Six Best Doctors in the World:

1. Sunlight
2. Rest
3. Exercise
4. Diet
5. Self confidence
6. Friends

Maintain them in all stages of Life and enjoy a healthy life.

Membership News: For this month I asked **Connie Louie** to write an article for this newsletter. She has graciously accepted this task and her article is attached below. Mahalo **Connie**.

Mike Nakamura, Corresponding Secretary, 805-482-1740, monakamura@aol.com

Aloha! As many of you know, life has many paths for us to travel on. Ray and I joined Hui Lima Kokua five years ago and it has been an awesome "kau kau" experience.

People from Hawaii love to eat – among other things. Every monthly meeting of Hui Lima Kokua is a "pot luck". No one coordinates each month's menu and we relish the "epicurean delights" that appear at each meeting. Kaimana's lemon meringue pie made from fresh lemons is always a tantalizing experience to the palate. Kay's age sushi is always a delicious treat and who would suspect that the salivating curry stew was made by Ron. Then there is the huge pot of rice – cooked just right by Darrin for every meeting and the delicious BBQed tri-tip at the annual picnic. Arlene's brownies are always savored by chocoholics. Wish I made a list each time of every delectable entree.

Incidences of times past are sort of blurry but these were some of the occurrences that stood out – Mike & Kay doing a duet of an Okinawan love (?) song – Mike on the uke and back-up for Kay's singing. You could hear a pin drop – everyone was tuned in to their presentation. Kaimana - chairing the luaus every year with delicious entrees and great entertainment as well. Unforgettable was Leandra's delicious Thanksgiving turkey that she baked the first year we were members. We have many other fond memories but outstanding is the friendliness of all the members and the willingness to do things. We come 70 miles to share with this Hawaii group! And we always look forward to the monthly Newsletter.

At the end of Mike's Newsletters, there was a "gem of wisdom". The following piece seemed appropriate at this time. It's titled "Women Who Know Their Place".

Barbara Walters, of 20/20, did a story on gender roles in Kabul, Afghanistan several years before the Afghan conflict.

She noted that women customarily walked five paces behind their husbands.

She recently returned to Kabul and observed that women still walk behind their husbands. Despite the overthrow of the oppressive Taliban regime, the women now seem happy to maintain the old custom.

Ms. Walters approached one of the Afghani women and asked "Why do you now seem happy with an old custom that you once tried so desperately to change"?

The woman looked at Ms. Walters straight in the eyes, and without hesitation said "Land Mines".

Moral of story (no matter what language you speak or where you go: Behind every man, there is a SMART WOMAN.)

Connie Louie