

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

MARCH 2020

Website: www.huilimakoua.com. Welcome Spring and Daylight Savings!

Next Club Activity. (a) **Our next monthly potluck luncheon will be held at Adele Kammeyer's house on March 14, starting at 1 pm. Adele's address is 1804 Regent Street, Camarillo, 93010.** Mahalo Adele for inviting us to us your house for our potluck just after undergoing partial knee replacement in February. Hope you get well quickly and completely. For the program we will have talks about the "Old Days in Hawaii." Anyone who lived in Hawaii in the "old" days can share their experience and recollection of Hawaii. Of course the "old" days may have different meanings to people of different ages but tell us your "stories" anyway. (b) Let a Board member know if you have suggestions for places to hold monthly potlucks and programs. (c) Future club events:

March 14. Potluck at Adele Kammeyer's house. Program: "Old Time in Hawaii."

April 11. Potluck picnic at Camino Real Park in Ventura.

Past Club Activity. Last month's luncheon was held at Lynette Inouye's house in Ventura. Many thanks to Lynette and her husband Alan for opening their house for our potluck. Seventeen (17) people attended this enjoyable potluck with people sharing their hobbies. First on the list was Lynette and guest Sarah Alamillo performing a duet on a koto and flute respectively. The koto is the national instrument of Japan and it has 13 strings and is about 6 feet long. It was played while laying flat on the floor. Lynette is a talented musician who also plays the violin, ukulele and sings. That performance was followed by Sarah singing a song accompanied by guest Enrique on guitar. Ruth Betts shared some hilarious jokes, followed by guest Amy Cherot who shared her travels to London theatre productions. Mike and Kay Nakamura played the uke and sang a couple of Hawaiian songs. Al Beridon shared his story about tennis and brought 3 tennis rackets, including his very first racket bought about 40 years ago. Tom Fraser talked and showed us his art sketches during his younger days. Finally Darrin Ching demonstrated how to skin and cut up a whole chicken. Darrin actually brought a whole chicken for this demonstration. What an enjoyable day! Of course we had a lot of ono food to eat also. Ron Wong will talk about his stamp collecting hobby at some later get together. Thanks again Lynette for hosting us and for suggesting this enjoyable program. Many attendees also enjoyed looking at Alan's beautifully manicured garden full of onolicious fruits and veggies.

Membership News. (a) Welcome to Amy Cherot who just joined the club. Amy attended our potluck in February and lives in Ventura. (b) Mike Nakamura has been the Corresponding Secretary for over 15 years and would like to turn this position over to someone who is interested. Any interest? Mike plans to gradually take over the position of Treasurer which is held by Ron Wong. Ron has held this position for over 40 years but is seriously considering moving to the East Coast where his kids and grandchildren live. (c) Do any of you have any suggestions where we can have our monthly potluck meetings? Let one of the board members is you have a suggestion. (c) Get well cards organized by Lynette and signed by all attendees at the February Potluck were sent to Adele Kammeyer and Ray Louie. Adele is recovering from a partial knee replacement while Ray is recovering from a complicated eye surgery that has kept him absent for several months. Both recipients have expressed appreciation for the thought by email to me.

Hawaii Sports. The number 1 ranked UH Men Volleyball team has a 14-0 record so far. Coach Charlie Wade and his team continue to live up to expectation.

Mike Nakamura, Corresponding Secretary, 805-482-1740, monakamura@aol.com

Mike's Rambling Corner

Coronavirus: A Doctor's advice about coronavirus:

1. It is pretty large in size (cell is about 400-500nm diameter), so any normal mask (not just the N95 feature) should be able to filter it out. However, when someone who's infected sneezes in front of you, it will take a great 3 meters (about 10 feet) before it drops to the ground and is no longer airborne.
2. When the virus drops on metal surface, it will live for at least 12 hours. So remember if you come in contact with any metal surface, wash your hands with soap thoroughly.
3. The virus can remain active on fabric for 6-12 hours. Normal laundry detergent should kill the virus. For winter clothing that does not require daily washing, you can put it out under the sun to kill the virus.

About the symptoms of the pneumonia caused by Coronavirus:

1. It will first infect the throat, so the throat will have the dry sore throat feeling which will last for 3 to 4 days
2. Then the virus will blend into the nasal fluid and drips into the trachea and enter the lungs, causing pneumonia. This process will take 5 to 6 days.
3. With pneumonia, comes high fever and difficulty in breathing. The nasal congestion is not like the normal kind. You will feel like you are drowning in water. It's important to go seek immediate medical attention if you feel like this.

About prevention:

1. The most common way of getting infected is by touching things in public, so you must wash your hands frequently. The virus can only live on your hands for 5-10 minutes, but a lot can happen in those 5-10 minutes (you can rub your eyes or pick your nose unwittingly).
2. Aside from washing your hands frequently, you can gargle with Betadine Sore Throat Gargle to eliminate or minimize the germs while they are still in your throat (before dripping down to your lungs).

Folks, take extra care and drink plenty of water.

Property Tax. I was going through my property tax bill and was grateful for California Proposition 13 that passed in 1978. My neighbors who moved into their houses after Prop 13 are paying 3 times what I am paying for about similar value houses. Then I started wondering how does California stack up against other states. Would you believe that the state with the lowest property tax rate in the US is Hawaii? Yep, Hawaii's effective property tax rate is 0.29%. With a median home value at \$620,400, the annual property tax is \$1,800. In 2nd place is Alabama with tax rate of 0.40%, median home value of \$130,500 and annual tax of \$522. Third place is Louisiana at 0.51%, \$147,200, and \$751. In last place is New Jersey at 2.44%, \$321,100, and tax of \$4,725. So where is California ranked you ask? California is in 16th place with 0.77% effective tax rate, \$443,400 median home price, and tax at \$3,414.

Don't Forget to vote on Tuesday, March 3.