

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

MAY 2019

Website: www.huilimakoua.com. HAPPY MOTHERS' DAY!

Next Club Activity. (a) Our next club function will be a potluck at Our Lady of Assumption Church on May 11 starting at 1:00. For the program John DuBose will introduce himself, talking about his employment, family, how he met his wife Liz, where he grew up, college days, passion, etc., or whatever he wants us to know about him. Come and find out about our new member. (b) Tentative future programs include:

June 8. Potluck at OLA. Program **Connie & Ray Louie** on "Stock Market Trading."

July 13. Stay tuned.

Aug 10. Potluck-meeting cancelled due to Ukulele group performing in Las Vegas.

Past Meetings. Last month's Potluck picnic included ono tri-tip cooked by **Darrin Ching** and a variety of potluck dishes brought by attendees. The picnic was held at Camino Real Park in Ventura. Prizes were offered by **Ron Wong**. Plus scratchers were passed out.

Strawberry Festival. The California Strawberry Festival is among the top festivals in the nation with over 50 food booths, contests, rides and attractions, over 200 Arts & Crafts vendors, concerts, celebrity chef demonstrations, and family fun! The 36th Anniversary California Strawberry Festival in Oxnard is the perfect summer kickoff with proceeds benefiting the community. It will be held on May 18 & 19, 2019 10:00am - 6:30pm at the **Strawberry Meadows of College Park, 3250 S Rose Ave, Oxnard, CA.**

Merrie Monarch hula Festival. The world's most prestigious hula competition was held during the week ending April 27, after this newsletter went to print.

Ukulele Club of Ventura County. The Ukulele Club, under **Kaimana's** leadership will take part in the Northern California Ukulele Festival in Union City on April 28. Good luck gang!

University of Hawaii Volleyball. (a) The UH Men Volleyball team is the top seed in the NCAA tournament. This is the first time we have ever been seeded number 1. UH will play in the semi-finals on May 2 in Long Beach. The championship game will be played on May 4. Too bad the NCAA tournament could not be played at the UH facility where our team played in front packed loyal fans. But due to high transportation cost, the second seed team (Long Beach State) is hosting the games.

2019 Na Hoku Hanohano Award. The 42nd Na Hoku Hanohano award (Hawaii's equivalent of the Grammys) will be held on May 25 at the Hawaii Convention Center. Every year, Hawaii's top musicians are celebrated and awarded for their efforts at this ceremony, Hawaii's annual premier music award show. Finalists have been selected for the many categories the awards celebrates, such as Single of the Year, Music Video of the Year, Hawaiian EP Release of the Year, etc. This year, the Kailua Moon, composed of **Danny Carvalho** and **Nani Edgar** has been nominated in the Hawaiian Single of the Year for "Aia La O Pele." **Nani** was born and raised in Ventura County and now lives in Hawaii.

Her grandfather, **Ben Wright**, was our Hui's first President. **Ben** was the only honorary member of our Club until he passed away several years ago. Good luck to Kailua Moon.

Robert Cazimero & Halau Na Kamalei. **Robert Cazimero** will be performing at Ruth B Shannon Center for the Performing Arts, 6760 Painter Ave., 90608, Whittier, Ca on May 25, 2019 at 2:00 and at 7:30. (Interesting to note that this is the same day that the 2019 Na Hoku Hanohano Award Ceremony will be hosted in Honolulu).

Mike Nakamura, Corresponding Secretary, 482-1740, monakamura@aol.com

Mike's Rambling Corner

The Black Hole. The photo of the Black Hole shown around the world in April was captured by 8 telescopic observatories around the world working together, including one from Hawaii. Incredibly, this black hole was given a Hawaiian name - "*Powehi*," meaning "embellished dark source of unending creation." Although it is estimated to be about 6.5 *billion* times the mass of our Sun, this black hole is 55 million light-years from Earth.

Pollen in the Air. Many people suffer from pollen allergy during the spring. I was watching a Japanese health program on TV which recommended that people who suffer from pollen allergy might use this preventive measure - apply vaseline on a Q-tip and apply it just inside your nostrils. This trick will capture small pollens before they have a chance to enter your system (or wear a mask).

Zippy's in Las Vegas. Two Zippy's restaurants will open in Las Vegas. These will be the first to be built outside of Hawaii. There has been no announced grand opening dates yet. Zippy's has always been one of my favorite places to eat whenever I visit Hawaii.

Dirty, Dirty, Dirty. One day I was skimming through the computer when I read about something dirty we handle almost daily, often dirtier than the toilet. I was surprised that I didn't fully realize how dirty this thing is. What is it you ask? It is your car steering wheel. That made a lot of sense for me since I just go through the car wash to clean the exterior of the car, not wash the whole car like the "old days" when I washed the car myself. After reading this article, I now grab a handy wipe when I exit the supermarket and use it to wipe my steering wheel and dashboard.

The benefit of Flour. (Article was forwarded to me). Some time ago, I was cooking some corn and stuck my fork in the boiling water to see if the corn was ready. I missed and my hand went into the boiling water! A friend of mine, who was a Vietnam vet, came into the house, as I was screaming, and asked me if I had some plain old flour... I pulled out a bag and he stuck my hand in it. He told me to keep my hand in the flour for 10 minutes. He said, in Vietnam, there was a guy on fire and in their panic, they threw a bag of flour all over him to put the fire out... Well, it not only put the fire out, but he never even had a blister!!!! Long story short, I put my hand in the bag of flour for 10 minutes, pulled it out and did not even have a red mark or a blister and absolutely NO PAIN.

Now, I keep a bag of flour in the fridge and every time I burn myself, cold flour feels even better than room temperature flour. I use the flour and have never ever had even a red spot/burn mark, or a blister! I even burnt my tongue once, put the flour on it for about 10 minutes ... The pain was gone and no burn.

Flour has heat absorbent property and also has a strong antioxidant property, thus it helps in burn patients if applied within 15 minutes.