

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

FEBRUARY 2019

Website: www.huilimakoua.com. Happy Valentines Day! Gung Hay Fat Choy!

Next Club Activity. (a) Our next club function will be a potluck to be held at Our Lady of Assumption Church stating at 1:00 pm, February 9. It was suggested that we have a Chinese potluck theme in honor of Chinese New Years which falls on February 5. This new year will be the Year of the Pig. For the program **Reiko Ruppel** will be talking about taxes. This subject matter is of interest to every one of us. **Reiko** is a Certified Public Accountant (CPA). While we are on the subject of programs, we (the board) would like feedbacks on your ideas for future programs. (b) There was a question of our use of OLA facilities for our monthly meetings but **Ron Wong** contacted the priest and successfully convinced him to allow the Hui Lima Kokua to continue using the facilities on a monthly basis. Mahalo **Ron**. (c) Tentative future programs include:

March 9. Potluck at OLA. Program: "How Christianity Came to Hawaii." **Lynette Inouye.**

April 13. Potluck at OLA. Program: Stock Market Trading." **Connie & Ray Louie.**

May 11. Tentative Potluck.

Past Meetings. Last month's Luncheon was held at Hunan Garden in Oxnard. Club Treasurer **Ron Wong** picked up the tab for this lunch for the 18 members in attendance. Each of us introduced ourselves. I learned something new about everyone at the luncheon. Interesting session. Mahalo to **Vince and Maria Cruz** for recommending this restaurant and making the reservation. The food was plentiful and ono.

Hawaii – The Good. Hawaii regains the title of healthiest state in 2018, after dropping to No. 2 in 2017. This is Hawaii's ninth year in the No. 1 spot since 1990 when the health rankings were first published. The state has been No 1 four of the past five years. Massachusetts is No. 2, Connecticut No. 3, Vermont No. 4 and Utah No. 5. These same states ranked in the top five in 2017 (California is #12). Hawaii's strengths include:

- Low prevalence of obesity at 23.8 percent of adults, compared with 31.3 percent nationally.
- Low prevalence of smoking at 12.8 percent of adults, compared with 17.1 percent nationally.
- Low levels of air pollution at 5.8 micrograms of fine particles per cubic meter, compared with 8.4 micrograms nationally.
- Low prevalence of frequent mental distress at 9.5 percent of adults, compared with 12.4 percent nationally.
- High number of primary care physicians at 187.6 per 100,000 population, compared with 156.7 per 100,000 nationally.

Hawaii – The Bad. Hawaii is the worst state in the nation to drive in, according to a website, WalletHub. The Aloha state got the bottom ranking due to low scores in road quality, a low number of auto repair shops per capita, a large share of rush-hour traffic congestion, a high car theft rate and the highest average gas prices in the U.S. Hawaii fell behind Alaska (No. 49), Washington state (No. 48), California (No. 47), New Hampshire (no. 46) and Rhode Island (No. 45). WalletHub's best states to drive in were Oregon (No. 1), Illinois (No. 2), Indiana (No. 3), Iowa (No. 4) and Texas (No. 5).

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Mike's Rambling Corner

Hawaiian Friends: (Thanks Aud)

FRIENDS: Never ask for food.

HAWAIIAN FRIENDS: Always bring the food.

FRIENDS: Will say "hello".

HAWAIIAN FRIENDS: Will give you a big hug and a kiss.

FRIENDS: Call your parents Mr. and Mrs.

HAWAIIAN FRIENDS: Call your parents Uncle & Aunty.

FRIENDS: Have never seen you cry.

HAWAIIAN FRIENDS: Cry with you.

FRIENDS: Will eat at your dinner table and leave.

HAWAIIAN FRIENDS: Will spend hours talking, laughing, and just being together....then help clean-up when all pau!

FRIENDS: Know a few things about you.

HAWAIIAN FRIENDS: Could write a book with direct quotes.

FRIENDS: Will leave you behind if that's what the crowd is doing.

HAWAIIAN FRIENDS: Will kick the whole crowd's okoles that left you.

FRIENDS: Would knock on your door.

HAWAIIAN FRIENDS: Walk right in and say, "I'm home!"

FRIENDS: Get mad when you don't stay in contact.

HAWAIIAN FRIENDS: Years could go by and you pick up like it was yesterday.

FRIENDS: Come and go.

HAWAIIAN FRIENDS: Are Ohana (family).

Things to Ponder: (Thanks Jimmy)

1. If the No. 2 pencil is the most popular, why is it still No. 2?
2. Why do we press harder on the remote control when we know the batteries are getting weak?
3. Why are you "in" a movie, but "on" TV?
4. What was the best thing BEFORE sliced bread?
5. Why do "fat chance" & "slim chance" mean the same thing?
6. Why do British people never sound British when they sing?
7. At a movie theater, which arm rest is yours?
8. When does it stop being partly cloudy & start being partly sunny?
9. Why do people say "heads up" when you should duck.