

# HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

## SEPTEMBER 2013

Website: [www.huilimakoua.com](http://www.huilimakoua.com).

**Next Meeting.** (a) Our next general membership meeting will be held on September 14 at the **City Buffet Restaurant in Oxnard located at 1600 Ives Avenue, 93033 starting at 11:30 am.** We will have election and installation of officers for the next fiscal year (October 2013 thru September 2014). Come join us and exercise your right to vote. Nominations will be taken from the floor. Members of the club will enjoy a free buffet lunch but you have to pay for drinks. Guests will be charged \$10 plus drinks. Tickets to our annual mini-luau (to be held on October 19 starting at noon) will be distributed at this September meeting. Limited number of tickets will be available so be prepared to reserve your tickets. Cost for the mini-luau is \$10 for members and \$15 for non-members. This mini-luau is only for members, family and friends; tickets will not be sold to the general public. This luau will be held at the Mulcahy Center, Our Lady of Assumption Church in Ventura. We will have entertainment and door prizes. The luau is being chaired by **Kaimana Pendergrass.** (b) Because of the mini-luau, we will not have a general membership meeting in October.

**Past Meeting** Our bingo meeting held on August 10 was fun. Every family took home at least one prize from **Ron Wong's** goody bag. Of course we always enjoy the ono potluck kau kau at these meetings.

**Membership News.** (a) The Ukulele Club of Ventura County under the direction of our 1st Vice President **Kaimana Pendergrass** performed at the Ventura County Fair on August 6 (Senior Day) and did an outstanding job. This was the 20<sup>th</sup> straight year the ukulele group has performed at the Fair. Congratulations! (b) At the Fair, **Noelani Gregory** won three first and two second place ribbons for her art entries. **Laurie Gregory** earned a fourth place ribbon for her art entry and **Kristin Stiles** won blue ribbons for her quilting entries. Congratulation to all. (c) Club dues will be collected for the upcoming fiscal year. Cost is \$20 for couples and families (including children 18 and below) and \$15 for singles. New members are charged a one time initiation fee of \$10.

**Miscellaneous** (a) The UH football season will open on August 29 (Thursday) with a home game against USC. I hope the game doesn't get too lopsided since the Associated Press has picked USC as number 24 in its preseason poll. Other notable ranked college teams are #1 Alabama, #2 Ohio State, #3 Oregon, #4 Stanford, #14 Notre Dame, and #21 UCLA. In last year's opener, USC beat UH by a score of 49-10. At that time USC was ranked number 1 in the country and ended up the season with a disappointing 7-6 record. UH ended up with a 3-9 record. We will see how **Norm Chow** does in his second year as head coach at UH. (b) **Adam and Kim Armstrong's** son, **Conner**, plays football for Cornell University (New York) as a Running Back. **Conner** is a sophomore. (c) On August 21, 1959 **President Dwight Eisenhower** signed a proclamation to admit Hawaii as the 50<sup>th</sup> state after 94% of the voters in Hawaii supported statehood. The third Friday of August is the celebrated holiday in Hawaii. (d) The 19th Annual E Hula Mau, is a celebration of Hawaiian Culture and hosts Southern California's only Hula and Chant Competition. It is returning to the Terrace Theatre at the "Long Beach Performing Arts Center" Labor Day Weekend (August 30<sup>th</sup>, 31<sup>st</sup>, September 1, 2013). E Hula Mau will feature live performances, arts and crafts, interactive workshops, and the flavor of island foods.

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## **Time Management**

(Received from Kirk Short)

Time - We all have 24 hours!

Are you usually punctual or late? Do you finish things within the time you stipulate? Do you hand in your reports/work on time? Are you able to accomplish what you want to do before deadlines? Are you a good time manager?

If your answer is “no” to any of the questions above, that means you’re not managing your time as well as you want. Here are 20 tips on how to be a better time manager:

### **Create a daily plan.**

1. **Peg a time limit to each task.**
2. **Use a calendar.**
3. **Use an organizer.**
4. **Know your deadlines.**
5. **Learn to say “No”.**
6. **Target to be early.**
7. **Time box your activities.**
8. **Have a clock visibly placed before you.**
9. **Set reminders 15 minutes before.**
10. **Focus.**
11. **Block out distractions.**
12. **Track your time spent.**
13. **Don’t fuss about unimportant details**
14. **Prioritize.**
15. **Delegate.**
16. **Batch similar tasks together.**
17. **Eliminate your time wasters.**
18. **Cut off when you need to.**
19. **Leave buffer time in-between.**

### **WORDS TO LIVE BY...**

Things do not happen. Things are made to happen. – **John F. Kennedy**

You are never too old to set another goal or to dream a new dream. – **C. S. Lewis**

Pleasure in the job puts perfection in the work. – **Aristotle**

Life is 10% of what happens to me and 90% of how I react to it. – **John Maxwell**

Believe you can and you’re halfway there. – **Theodore Roosevelt**

We can’t help everyone, but everyone can help someone. – **Ronald Reagan**