

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

JULY 2013

Website: www.huilimakokua.com.

Next Meeting. (a) Our next meeting will be a potluck picnic at the Camino Real Park in Ventura (next to the tennis courts) **starting at noon, July 13**. The park is located behind Lowe's Hardware Store at 4298 Dean Drive, Ventura 93003. The club will furnish tri-tip, rice, punch, and service (plates, cups, forks, etc.). Please bring a potluck dish to share. Also bring a chair or blanket to sit on, umbrella or sunscreen for protection and games to play. We will learn to do the Philippine Bamboo Stick dance called tiniklin. Check out the Youtube video to see how to do this tiniklin dance and get a head start on the rest of the members. **Kaimana Pendergrass, Laurie Gregory, and Kay & Mike Nakamura** went with friend **Tyrus Goo** to gather some bamboo from **Dr. Ling's** yard in order to make the bamboo for the dance. So please don't disappoint us by not trying to dance with these precious bamboo sticks. We will also be playing the old Hawaiian game of konane so bring your board and other fun games. (b) Our annual mini-luau will be held on October 19, 2013 so stay tuned for more information.

Past Meeting The Fathers' Day potluck and program was very enjoyable. The men folk had their annual "head of line privilege" to the kau kau table. The plant exchange program and the viewing of "**Jake Shimabukuro: Life on Four Strings**" went well. Mahalo to **Leandra and Mario Castroni** for decorating the tables for this Fathers' Day event.

Membership News. (a) On a very sad note, I have to report that member **Cindy Ching** (wife of our president **Darrin**) passed away on May 28 from cancer. A nice funeral service was held for her on June 8 at the Conejo Mountain Cemetery Park in Camarillo. Our deepest condolences to **Darrin**. A sympathy card along with a check for \$100 was given to **Darrin** on behalf of the club. (b) I learned that the "Spring Fire" that started on May 2 came within 20 feet of **Gerry and Gwen Wong's** house in Camarillo Springs. It was fortunate that the hot, strong santa ana wind pushed the fire towards the ocean. The fire consumed 40 square miles.

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WORDS TO LIVE BY... (Editor's note: I love quotes, here are some)

The best way out is always through. **Robert Frost**

Do not wait to strike till the iron is hot; but make it hot by striking. **William B. Sprague**

What you get by achieving your goals is not as important as what you become by achieving your goals.
Goethe

Desire is the starting point of all achievement, not a hope, not a wish, but a keen pulsating desire which transcends everything. **Napoleon Hill**

Setting an example is not the main means of influencing others; it is the only means. **Albert Einstein**

Remember that happiness is a way of travel, not a destination. **Roy Goodman**

People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success. **Norman Vincent Peale**

Do not let what you cannot do interfere with what you can do. **John Wooden**

The truth is, everyone is going to hurt you. You just got to find the ones worth suffering for. Unknown
In every difficult situation is potential value. Believe this, then begin looking for it. **Norman Vincent Peale**

The trouble with most people is that they think with their hopes or fears or wishes rather than with their minds. **Will Durant**

Never bend your head. Always hold it high. Look the world straight in the eye. **Helen Keller**

My father gave me the greatest gift anyone could give another person, he believed in me. **Jim Valvano**

Great minds have purposes, others have wishes. **Washington Irving**

It's faith in something and enthusiasm for something that makes life worth living. **Oliver Wendell Holmes, Jr**

Live out of your imagination, not your history. **Stephen Covey**

Progress always involves risks. You can't steal second base and keep your foot on first. **Frederick B. Wilcox**

My past has not defined me, destroyed me, deterred me, or defeated me; it has only strengthened me. **Steve Maraboli**

Our most significant opportunities will be found in times of greatest difficulty. **Thomas S. Monson**

When life knocks you down, try to land on your back. Because if you can look up, you can get up. **Les Brown**

The best revenge is massive success. **Frank Sinatra**

If I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning. **Gandhi**

Great minds have great purposes, others have wishes. Little minds are tamed and subdued by misfortune; but great minds rise above them. **Washington Irving**

Today I will do what others won't, so tomorrow I can accomplish what others can't. **Jerry Rice**

My idea is to give hope, because where there is no hope, there is no vision, and where there is no vision, people will perish. **Oprah Winfrey**

Give freely to the world these gifts of love and compassion. Do not concern yourself with how much you receive in return, just know in your heart it will be returned. **Steve Maraboli**

If you fuel your journey on the opinions of others, you are going to run out of gas. **Steve Maraboli**

The amount of sleep required by the average person is five minutes more. **Wilson Mizener**

The journey of a thousand miles begins with one step. **Lao Tzu**

Truth is like the sun. You can shut it out for a while, but it ain't goin' away. **Elvis Presley**

We need old friends to help us grow old and new friends to help us stay young. **Leyy Pogrebin**

Always laugh when you can. It is cheap medicine. **Lord Byron**

Life is too complicated not to be orderly. **Martha Stewart**

To do more for the world than the world does for you – that is success. **Henry Ford**

When you've seen beyond yourself, then you may find peace of mind is waiting there. **George Harrison**

Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight. **Benjamin Franklin**

We are what we repeatedly do. Excellence, then, is not an act, but a habit. **Aristotle**

Pay with compliments and you will always be wealthy. **Mike Dolan**

Years may wrinkle the skin, but to give up interest wrinkles the soul. **Douglas MacArthur**

I never did a day's work in my life. It was all fun. **Thomas Edison**

Everyone has a "risk muscle." You keep it in shape by trying new things. If you don't, it atrophies. **Roger von Oech**

Never let the fear of striking out get in you way. **Babe Ruth**

The antidote for 50 enemies is one friend. **Aristotle**

If you want others to be happy, practice compassion. If you want to be happy, practice compassion. **The Dalai Lama**

A bird does not sing because it has an answer. It sings because it has a song. **Chinese proverb**

Shoot for the moon. Even if you miss, you'll land among the stars. **Les Brown**

Life's greatest happiness is to be convinced we are loved. **Victor Hugo**

Kindness is a language which the deaf can hear and the blind can see. **Mark Twain**

Far and away the best prize that life offers is the chance to work hard at work worth doing. **Theodore Roosevelt**

Courage is being scared to death, but saddling up anyway. **John Wayne**

A smile is happiness you'll find right under your nose. **Tom Wilson**

Reading is to the mind what exercise is to the body. **Richard Steele**

Before anything else, preparation is the key to success. **Alexander Graham Bell**

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.
Winston Churchill

I am always busy, which is perhaps the chief reason why I am always well. **Elizabeth Cady Stanton**

Anyone who has never made a mistake has never tried anything new. **Albert Einstein**

A parent's love is whole no matter how many times divided. **Robert Brault**