

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

JULY 2011

Website: www.huilimakoua.com. Happy Birthday USA!

Next Meeting. (a) Our next potluck meeting will be a **picnic** to be held on **Saturday, July 9, 2011, starting at noon at the Camino Real Park in Ventura** (next to the tennis courts). The park is located behind Lowe's Hardware Store. The club will furnish tri-tip (cooked by **Darrin Ching**), rice, punch, and service. Please bring a potluck dish to share. Also, bring a chair or blanket to sit on, umbrella or sunscreen for protection, games to play (konane, cards, etc), and musical instruments to jam. We will also do some Tai Chi exercise led by **Susan Halverson**. (b) As a reminder our annual mini-luau will be held on November 5.

Past Meeting. We had a wonderful potluck-meeting on June 11. Mahalo to **Susan Halverson** for teaching us Tai Chi and also teaching us how to carve an apple garnish centerpiece. Pictures of the meeting can be seen on our website - picture of our good-looking members.

Membership News. (a) **Kay Paisley** had a stroke in early June. **Leandra Castroni** visited her in Thousand Oaks and she seemed to know who she was but **Kay** could not speak. Please keep **Kay** in your prayers. (b) Mahalo to **Juanita Pendergrass** and her Ukulele Club of Ventura County for entertaining the Women's group from Our Lady of Assumption Church at their Luau on June 21. Club members performing included **Juanita, Leandra Castroni, Dirk Boon, Laurie Gregory, Emily Gregory, Kay & Mike Nakamura**. Playing for the church group is a way of paying back for our use of the Church's facilities. Again, thanks. Incidentally, you can hear this group perform at the Ventura County Fair on August 9, which is Seniors' Day at the Pepsi Stage at noon. The Fair will run from August 3 – 14.

Hawaiian Tidbits. (a) Hawaii is the only U.S. State made up of only islands. Hawaii and Arizona are the only two states that do not observe Daylight Savings Time. After Alaska, Florida, and California, Hawaii has the fourth-longest coastline in the United States, which is approximately 750 miles. (b) In January 1893, Hawaii's **Queen Lili'uokalani** was overthrown and replaced by a Provisional Government composed of members of the Committee of Safety. Controversy filled the following years as the queen tried to re-establish her throne. In 1993, a joint Apology Resolution regarding the overthrow was passed by Congress and signed by **President Clinton**, apologizing for the overthrow of the Hawaiian Kingdom. It is the first time in American history that the United States government has apologized for overthrowing the government of a sovereign nation.

Mike Nakamura, Corresponding Secretary, 482-1740, monakamura@aol.com

A Boomerang World
Written by Tim Wright, Ph.D.

Remember when you were a kid, how fascinated you were with boomerangs? You take this flat, curved piece of wood and throw it and then watch in amazement as it curves around in the air and comes right back to you.

As 'miraculous' as that seemed when we were kids, I've found that most of our life is like that. Whatever we throw out there, comes back to us.

We live in a boomerang world.

Let me explain:

If you smile at someone, in almost every case, they will smile back. Try it now with someone nearby and see if it works.

If you're kind toward someone, they will usually be kind in return. Of course, this also works in the other direction.

If you complain to someone, they will share their complaints with you. In fact, you may quickly find yourself in a subtle competition to see who is more miserable.

If you get angry at someone, they will usually get angry with you. And so on ...

The fact is, whatever you decide to throw out into the world will usually circle around and land right back at your feet, much like the boomerangs we played with as kids.

Here's what struck me this morning.

I have a choice about what I decide to throw out into my world. I have a choice about what I want to land at my feet?

If you want more joy - throw it out there.

If you want more happiness - throw some happiness out there to someone else and watch it miraculously come back to you.

It even works with money. Need money? Give some away. The spiritual leaders from the beginning of time have been telling us this, but most of us are afraid to believe it.

It works in just about every area of our life. When we give something away, when we throw it out there - it comes back to us.

So today and for as many days afterwards as you want, make a conscious choice about what you want to throw out into the world. By doing this, you will be making a choice about what is going to come back and land at your feet.

Remember the boomerang and that whatever you throw out there, will come back to you many times over.