

# HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

## NOVEMBER 2010

**Website:** [www.huilimakokua.com](http://www.huilimakokua.com).

**Next Meeting.** Our next meeting will be a Thanksgiving Luncheon to be held on Saturday, November 13, 2 pm at Hurley Hall, Our Lady of Assumption Church (3175 Telegraph Road, Ventura). The club will be furnishing the turkeys but need volunteers to roast them. If interested in roasting a turkey, please call **Darrin Ching** at (805) 388-1544. The club will also be furnishing the rice, drink, and service. The rest of the attendees should bring a potluck dish to share. We will have "Pidgin English" for the program. **Daniel Andaya** will be the Program Facilitator and give us some information on Pidgin English. We will all have an opportunity to share our experience or story of Pidgin English.

**Past Meeting (Mini-Luau).** We had a wonderful and successful Mini-Luau. The food was great, the entertainment was great, and we appreciate the volunteers who made this event so successful. Many people volunteered their time and donated prizes/desserts, money, etc., for which the club is very grateful. I will not try to list all the names of the volunteers and donors since I will undoubtedly miss some names but you know who you are. However, I would be remiss if I didn't mention the chairperson who coordinated the whole luau. Mahalo **Juanita Pendergrass**. At the Luau, President **Darrin Ching** presented **Ron Wong** with a plaque for serving as the Club's Treasurer for 40 faithful and continuous years (it may be over 40 years but we lost count). Congrats, **Ron** and keep up the good work.

**Membership News.** (a) We have new members in the club, **Chuck & Lisa Zimmerman**. Welcome them at the next meeting. (b) In last month's newsletter I listed the names of the new Club Officers. Add **Mario Castroni** as the Advisor. (c) Our new fiscal year starts on October 1, so **Ron** is collecting dues - \$15/\$20 for single/couple. Give or send dues to **Ron** at 392 Tulane Avenue, Ventura, CA 93003. (d) Please contact a board member if you have ideas for programs. Or if you have skills you want to share with the membership.... (e) On a sad note, two former members of our Club died in September 2010 – **Barbara Watson** and **Jean Kuniyoshi**. On another related sad note, **Len Peterson's** father recently passed away in Northern California. Our deepest sympathies go out to all the families.

**Tidbits.** (a) **UH: 27, Nevada: 21.** On October 16 the University of Hawaii Warriors beat the previously unbeaten University of Nevada football team 27-21. Nevada went into Aloha Stadium with an unblemished 6-0 record and was ranked 19 in the country. The UH team is now 5-2 for the year and 3-0 in conference (WAC). We have an excellent chance of playing in a bowl game this year. And the UH Wahine Volleyball team is currently ranked #4 in the nation. (b) **Vote on Tuesday, November 2.**

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### ***An Excerpt from "The Power of Discipline"*** ***By Brian Tracy***

Why are some people more successful than others? Why do some people make more money, live happier lives and accomplish much more in the same number of years than the great majority?

I started out in life with few advantages. I did not graduate from high school. I worked at menial jobs. I had limited education, limited skills and a limited future. And then I began asking, "**Why are some people more successful than others?**" This question changed my life.

Over the years, I have read thousands of books and articles on the subjects of success and achievement. It seems that the reasons for these accomplishments have been discussed and written about for more than two thousand years, in every conceivable way. One quality that most philosophers, teachers and experts agree on is the importance of self-discipline. As Al Tomsik summarized it years ago, "Success is tons of discipline."

Some years ago, I attended a conference in Washington. It was the lunch break and I was eating at a nearby food fair. The area was crowded and I sat down at the last open table by myself, even though it was a table for four.

A few minutes later, an older gentleman and a younger woman who was his assistant came along carrying trays of food, obviously looking for a place to sit.

With plenty of room at my table, I immediately arose and invited the older gentleman to join me. He was hesitant, but I insisted. Finally, thanking me as he sat down, we began to chat over lunch.

It turned out that his name was Kop Kopmeyer. As it happened, I immediately knew who he was. He was a legend in the field of success and achievement. Kop Kopmeyer had written four large books, each of which contained 250 success principles that he had derived from more than fifty years of research and study. I had read all four books from cover to cover, more than once.

After we had chatted for awhile, I asked him the question that many people in this situation would ask, "Of all the one thousand success principles that you have discovered, which do you think is the most important?"

He smiled at me with a twinkle in his eye, as if he had been asked this question many times, and replied, without hesitating, "The most important success principle of all was stated by Thomas Huxley many years ago. He said, '*Do what you should do, when you should do it, whether you feel like it or not.*'"

He went on to say, "*There are 999 other success principles that I have found in my reading and experience, but without self-discipline, none of them work.*"

Self-discipline is the key to personal greatness. It is the magic quality that opens all doors for you, and makes everything else possible. With self-discipline, the average person can rise as far and as fast as his talents and intelligence can take him. But without self-discipline, a person with every blessing of background, education and opportunity will seldom rise above mediocrity.

In the pages ahead I will describe seven areas of your life where the practice of self-discipline will be key to your success. These areas include *goals, character, time management, personal health, money, courage and responsibility*. It is my hope that you'll find a few "nuggets" that will help make your dreams come true.