

HUI LIMA KOKUA HAWAII CLUB NEWSLETTER

JULY 2010

Website: www.huilimakoua.com.

Next Meeting. Our next potluck meeting will be held on **Saturday, July 10, starting at 2 pm** at Our Lady of Assumption Church (3175 Telegraph Road, Ventura). We will be meeting in Hurley Hall, our normal meeting place. For the program, **Daniel Andaya** will be giving a lesson on how to make a bracelet normally made with lauhala, a plant found throughout the Pacific Islands. It is a good beginners' project and he will be using construction paper instead of traditional materials. **Daniel** will provide information and will answer questions about this process.

Past Meeting. Our past potluck meeting program was on plant exchange. I was on my Northern Europe 12-day cruise so I missed the meeting but I heard it was a good meeting. Thanks to **Ron Wong** and everybody else who participated in this program.

Membership News. (a) Mahalo to **Juanita Pendergrass** and her Ventura Ukulele Club for providing entertainment on June 23 at Our Lady of Assumption Church's function on behalf of the Hawaii Club in order that we may continue to utilize the facilities for our monthly meetings. **Juanita's** group included the following Hawaii Club members: **Laurie Gregory, Estelle Ichino, Leandra Castroni, Daniel Andaya, Kay & Mike Nakamura**. We are grateful to all of you. Incidentally, you can watch this ukulele group perform on Senior Day (August 10) at the Ventura County Fair. This group has been performing at the County Fair for over 16 years. (b) We will soon be having election for new officers so please consider running for an elected office. More information will be published in next month's newsletter. (c) President **Barrack Obama** signed a statement proclaiming June 11, 2010, **Kamehameha Day** in honor of "**King Kamehameha the Great,**" who unified the Hawaiian island under one government. The statement calls on "all Americans to celebrate the rich heritage of Hawaii with appropriate ceremonies and activities." Perhaps next year the Hawaii Club could spearhead or initiate some kind of celebration? (d) The two daily Honolulu newspapers (Honolulu Advertiser and the Honolulu Star Bulletin) merged on June 14, 2010. The new newspaper is now called the Honolulu Star-Advertiser. It is sad to see this happen but circulation for both newspapers has been declining. Mentioning newspapers reminded me of my younger days in Hawaii when I helped my older brother deliver newspapers. His route took him all around town making it rather difficult. If your aunt lived 2 miles away and you got her as a new subscriber, you deliver the paper to her. A four unit apartment complex may have 4 different newspaper delivery boys. Carriers could sell or trade their customers (but usually not their good tippers). When my son delivered newspapers in Camarillo as a teenager he only delivered to houses close to home. And he didn't have to collect money – a much better system.

Hawaiian Tidbits. (a) **Roy Sakuma's** 40th Ukulele Festival will be held on July 18 at Kapiolani Park Bandstand, Waikiki. This event is free and will feature **Danny Kaleikini (MC), Jake Shimabukuro, Herb "Ohta-san" Ohta, Herb Ohta Jr., Bryan Tolentino, Natalie Ai Kamauu, James Hill, Roy Sakuma's** 800 piece ukulele band, ukulele groups from California and Japan, plus many more performers. Attend this event if you happen to be on Oahu. (b) Academy of Hawaiian Arts brings "Waikiki" to Southern California, its second Mainland Performance of a Major Hawaiian Dance Concert. Kumu Hula (master teacher of hula) **Mark Keali'i Ho'omalulu** and the Oakland-area-based Academy of Hawaiian Arts will reprise their hit dance concert "Waikiki" at the Redondo Beach Performing Arts Center, 1935 Manhattan Beach Boulevard, Redondo Beach, CA 90278 on Saturday, July 24. General admission (open seating) tickets are \$35. Tickets are available online at www.ahahula.com.

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"To The Class of 2010" By Frank Delima

"EAT RICE"

Ladies and gentlemen of Hawaii's class of 2010...**Eat rice.**

If you only pay attention to one thing I say, pay attention to this:

Rice is the breakfast of champions ... the lunch of champions ... the dinner of champions. Whole empires, entire dynasties have been built and fortified on its humble food. One grain, by itself, is nothing. Just an embarrassing sticky white t'ing stuck on your T-shirt after lunch. But many grains together -- that's greatness! It is the foundation of a Spam musubi, the heart of a thousand plate lunches, the force behind the global kingdom of L&L drive ins. Rice holds the world together. Be a part of the world. Be a part of the future. Eat rice. That said, the rest of what I am going to say is just my opinion.

You will have bad days. Some day you going be the dog, some days you going be the tree. Wish wasn't, but that's the way it is. Take a lesson from Furlough Fridays. Got a money problem? Don't take it out on the kids. And brah ... vote! Okay? There's an election coming up. No excuses. Just do it. This is your country. Own it.

You know the saying: If you have lemons, make lemonade. That's true. But a bittermelon will never become a honeydew. The moral of the story: If can, can. No can, no can. Some Hawaii folks have an inferiority complex. Don't be like that. Consider this: Last year, our state produced BOTH a president AND a saint.

Not all malassadas are made perfectly round. So what. The purpose of a malassada is not to look good, it's to taste good. Remember that. Don't sneeze when you eat saimin. Take your face out of Facebook, Okay? At least for a little while. Real faces are better anyway. So are real books. Read one. Or two. Buy a newspaper. Only get one left. If you don't, that one going be gone -- along with the Longs ad forever. Recycle your graduations leis before they become ma-ke. Care homes could all use some extra flower power. And remember, you live on the most beautiful spot on earth. Malama the 'aina. Respect the land, respect the water, respect the air, respect all life. Once they're gone, they're gone. Slow down. Walk more. Drive less. The less you drive, the more you'll see. Give at least one can of tuna to the food bank.

Don't strive to be mediocre. Be great. Go for the gusto. If you want to climb a mountain, pick Mauna Kea. Not Red Hill. Learn to play the ukulele. Memorize the words of Hawai'i Pono'i. Make your own lei. Go to the Merrie Monarch Festival. Tour 'Iolani Palace. Walk around Punchbowl. Buy local. Eat local. Wear local. Support Hawaiian music. And no forget, thank our military personnel.

Above all, eat rice. If you have diabetes, make that brown rice.